



About T.A.G.B

The Tae Kwon Do Association of Great Britain (TAGB)

The Tae Kwon Do Association of Great Britain (TAGB) is a nationally recognised Tae Kwon Do organisation. It was formed in 1983 and has since become the founding member of the British Tae Kwon Do Council (BTC) which is recognised by the United Kingdom Sports Council.

TAGB instructors are highly qualified, accredited individuals with many years' experience in teaching mixed classes which often include young children and disability groups.

Training in Tae Kwon Do can start at any age.

TAGB members start as young as five and recently one of our members gained his fifth dan black belt on his 70th birthday!

Because of its high-kicking, fast-paced style Tae Kwon Do is a thoroughly modern way of getting fit. The TAGB is a great advocate of fun and fitness at an early age and TAGB instructors often work with local schools to teach self-defence.

As the largest martial arts organisation in the world the TAGB has over 25,000 accredited members, 600 schools, and organises seminars with World Masters, demonstrations, and national, regional and international championships every month of the year.

The TAGB is not just concerned with its own development, this is why it has played a leading role in the reunification of British Tae Kwon-Do into one body. In 1988, the TAGB helped found the British Tae Kwon-Do Council (BTC), this being the only governing body of Tae Kwon-Do to be recognised by the Sports Council. The TAGB also helped found Tae Kwon-Do International, the object of which is to bring together Tae Kwon-Do practitioners throughout the World.

Tae Kwon-Do International is non-political and it doesn't attempt to dictate to member countries how they must run their affairs.

Since its foundation in 1993, Tae Kwon-Do International has grown to become one of the biggest World Tae Kwon-Do bodies.

Its World Championships are amongst the largest and best organised and it draws its participation from every contingent.

Tae Kwon Do training is about learning to discipline your mind as well as your body and TAGB instructors always include elements in their teaching which help their students to develop mentally as well as physically. With schools throughout the country the TAGB is the ideal organisation for learning a martial art that has evolved through a 3,000 year history to become the newest Olympic Sport.

Visit: <http://www.tagb.biz>



Bourne - Market Deeping - Werrington - Thurlby - Stanground - Yaxley - Hampton - Billingborough

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