



## October Newsletter 2018

**October/November time changes – Dropping Off – Late Fees  
Social Media – Next Grading –**

### British Championships 4<sup>TH</sup> November Birmingham Arena

Last Major Comp of the year, would be good to see new faces as well as old ones competing in this. We are providing extra free sparring sessions at Stamford, Deeping & Hampton. You must attend one of these sessions if you are sparring. The full info pack for this event will be out shortly.

### October/Nov Training Times/Changes

Tue 2<sup>nd</sup> Bourne Methodist hall 6-7pm & 7-8pm Bourne Students Only Please, due to size of Venue.

Wed 3<sup>rd</sup> NO TRAINING WERRINGTON

Fri 5<sup>th</sup> Bourne Masonic Hall 6-7pm & 7-8pm

Tue 9<sup>th</sup> Bourne Corn Exchange 5.45-6.45 Only

Fri 12<sup>th</sup> Bourne Masonic Hall 6-7pm & 7-8pm

Tue 16<sup>th</sup> Bourne Corn Exchange 5.45-6.45 Only

Fri 19<sup>th</sup> No Training away Black Belt Grading

Tue 23<sup>rd</sup> No Fourfields

Tue 23<sup>rd</sup> Bourne Corn Exchange 5.45-6.45 Only

Fri 26<sup>th</sup> Bourne Masonic Hall 6-7pm & 7-8pm

Tue 30<sup>th</sup> Bourne Corn Exchange 5.45-6.45 Only

### November

Fri 2<sup>nd</sup> Bourne Methodist hall 6-7pm & 7-8pm (Bourne Students only as above)

### THANK YOU

*Thank you for your support and understanding through the difficult times in Bourne with the Halls, we are almost through the rough bit & it should all settle down shortly, as you are aware halls the size we need are just not available long term. The halls we have managed to secure had already taken bookings they must honour.*

### Face Book

Love or hate it, it's the best & quickest way to get messages across a large group of people, we use this to make sure you are up to date with any last minute changes etc. Most Clubs are now using this as messages go straight to your phone, with web sites you have to log on to find info, its up to you who you have as friends etc. We also remind you that even if you have the privacy setting to friends only, they can see your messages, so please be mindful of what you write.

### Dropping off & picking up your Children

Parents could we please remind you to make sure your child is aware **NOT** to go outside the hall until you are there to pick them up. Dark nights are approaching so please do not drop off your child in the car park & let them go in on there own, sometimes Instructors get delayed between classes & are not in the hall, We do our best to ensure your child's welfare, however we still have children told to go to the car park or walk home. Once your child leaves the building we have no way of knowing if you are there waiting, or what happens to them on the way home.

**Next Colour Belt Grading  
Sunday the 16<sup>th</sup> December  
Times T.B.C.**

### Late Payment Charges

**Late Licence charge £5.00 if we do not receive payment by the 25<sup>th</sup> of the due month.**

**Subs not paid in the due month carry a £5 late payment fee.**



Bourne - Market Deeping - Werrington - Thurlby - Stanground - Yaxley - Hampton - Billingborough - Crowland - Stamford  
Annabel Murcott 7<sup>th</sup> Dan - Tel: 01780 410609 | Mob: 07714 323 995 | Email: belltagb@aol.com | Web: www.annabelmurcott.co.uk  
Facebook: Annabel-Murcott-Schools-of-Tae-Kwon-Do | Welfare Officer - Dale Pollard 4<sup>th</sup> Dan | Tel: 07921 264 909



**More...**

## **Awards Night – Winter Ware Blue Belts – Safety Kit**

### **Awards night & Disco**

Party time!!! Our annual Awards night & Disco will be on Saturday the 8<sup>th</sup> December 2018, at the Bourn Masonic Hall. Doors open 7.30pm Disco fun & games Starts at 8pm – late.

A family filled fun packed night of Dancing foolery & madness as always, along with the Awards for Best student from each club, Best fighter, Tiger of the year etc, etc.

Tickets will be on sale from November, space is limited and they sell out fast. NO tickets on the door as we run out of seating. Bring your own food & drinks (yes alcohol for adults only).

Children under 14 must be accompanied & we are not responsible for over 14s the doors are open, they are free to wander!! However we have always had well behaved fun teenagers.

**Dress Code this year will Xmas Jumpers only**

### **Winter Training Ware**

As from the 29th of October, we go to our winter training ware TAGB Doboks only please, NO T Shirts. As from next summer only CLUB T shirts will be allowed for yellow Belts & above. Sparring & Stamina sessions you may still ware T.A.G.B T-Shirts & Contact bottoms.

### **Blue Belts & Above**

It is a T.A.G.B. requirement that all Blue Belts and above should be training twice a week, we do realize that at times this isn't convenient, this is why we do not make it compulsory, however for the younger ones once a week is a long time between each lesson, the result means some of the children fall behind their friends & then get a little stressed and say they are getting bored. Please talk to us in these situations so we can help & advise how to work through it. It is such a shame when the younger ones get so close to their Black Belt & when it gets a little tougher they give in, life isn't easy & this is one of the lessons we teach (Indomitable Spirit). Tae kwondo isn't a watered down Martial Art that is made easy for juniors like some out there, its challenging for a reason, that is why when they pass any Grading they can be very proud, as they have had to work hard to gain it.

### **Safety Kit**

Once again we have had some safety kit go missing & yet again NO NAME on it. Please make sure every item is clearly marked with the students name, sticky labels come off easy, marking on the inside comes off etc. We do our best to ensure that all safety kit is back with the students, but occasionally children can pick the wrong kit or even pick up two head guards etc by mistake, so please check, your child's bags to make sure every item is named and they only have their kit in the bag.



Bourne - Market Deeping - Werrington - Thurlby - Stanground - Yaxley - Hampton - Billingborough – Crowland - Stamford  
Annabel Murcott 7<sup>th</sup> Dan - Tel: 01780 410609 | Mob: 07714 323 995 | Email: belltagb@aol.com | Web: www.annabelmurcott.co.uk  
Facebook: [Annabel-Murcott-Schools-of-Tae-Kwon-Do](#) | Welfare Officer - Dale Pollard 4<sup>th</sup> Dan | Tel: 07921 264 909

Newsletter Design by Creative Remedy | Sara Hemp 3<sup>rd</sup> Dan | Web: [www.creativeremedy.co.uk](#)