



January Newsletter 2018

**Welcome Back – Student of the Year
Dropping Off – Stamford Class**

Welcome Back

This year could be our biggest and best yet, we have a very full on and exciting year ahead. Some of the classes will be re structured to allow us to step up the fitness & self defense side of TKD as well as maintain the syllabus for Gradings. We will also be opening a few more clubs along the way. All we ask is that you read the news letters and keep up to date with everything that will be going on. If you are just joining us, then welcome to the journey in Tae Kwon Do, we know everyone will be making you feel welcome and remember we are all here to help each other.

STUDENT OF THE YEAR & AWARDS NIGHT

This is the highlight of the year, from White to Black Belt you are all in with a chance. These Awards go to the student that has either shown dedication or followed the tenets of TKD & never given in, so open to all of you.

Each year we alternate between December & January to allow you to attend other events outside TKD. So this year its on Saturday the 13th Jan at the Bourne Academy (Grading Hall) doors open at 7.30pm **NO TICKETS ON THE DOOR** so please get them in advance from your Instructor. The dress code is smart **NO JEANS OR TRAINERS** etc. **ALL** children must be accompanied & you may bring your own food and drink. We have an excellent Disco that will be making sure that everyone has a good time. Parents and other family members more than welcome.

Dropping off & picking up your Children

Parents could we please remind you to make sure your child is aware **NOT** to go outside the hall until you are there to pick them up. Also please do not drop off your child in the car park & let them go in on there own, sometimes Instructors get delayed between classes & are not in the hall. We are aware that in winter time you get delayed in traffic etc, however if you don't pick your children up on time the Instructor may be late for the next class.

Stamford Class, Next Comp & getting ready for the World Champs in 2018

THIS SATURDAY THE 13TH JAN STAMFORD CLASS 12.30-1.30 DUE TO SCHOOL FUNCTION

As from Saturday 20th Jan, the Stamford class will be from 11.30am – 1pm All those wishing to improve your stamina & sparring for the competitions ahead, then we advice you attend this class, the class will be split in two, one end of the hall will be dedicated to sparring, stamina & fitness, the other end will be technical covering all normal Grading & patterns syllabus. So something for everyone of all ages and Grades, any Instructors wishing to come along and help out that would be gratefully appreciated. We will still cover all aspects of training in every other class, however not all classes will have the right mix of students to allow you the best sparring partner for your division.

Anyone wishing to attend the **WORLD CHAMPS** in July, you must have competed in at least two other comps prior to the World Champs, also Annabel will be taking some students squad training, these will be chosen from the Saturday class.

The first comp of the year will be at Kettering on the 4th of Feb **THE MIDLANDS CHAMPIONSHIPS** closing date for entries is Tuesday the 23rd of Jan **NO** exceptions.



Bourne - Market Deeping - Werrington - Thurlby - Stanground - Yaxley - Hampton - Billingborough
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More...

**Price Rise – Blackbelt training sessions - Fun days
Next Grading – Face Book – Web Link**

Price Increase & Saving Money

Gentle reminder as from Jan 1st all subs went up by £2 per person per month, you still only pay for the eldest two in a family. *YOU* have to change your standing order as we have no access to your bank account, a late payment charge will apply if not changed by Feb.

All orders for equipment must be paid for when placing your order.

Save Cheque charges on subs, equipment, license, comps etc by paying via Bacs

Umpires Course

The next course for Umpires if you wish to attend & will be aged 16 years or over are on the following dates, you must leave six months in between each course.

Umpires Part 1 Sat 3rd Feb

Umpires Part 2 Sun 4th Feb

The cost of the course is £50 & is due now.

More info call Annabel on 07714 323995.

Feb Fun Day & Summer Fun Week

Due to School Building work there will be no Fun Day in Feb half term.

Easter Fun day 4th April

The summer Fun Week will be from Mon 13th to Fri 17th of August 10am-4pm

Bourne Westfield Primary School

You can book in all week or just days

Also open to friends & family.

**Next Colour Belt Grading is on
Sunday the 4th March
Bourne Academy**

Face Book

Like it or hate it, it's becoming the easiest & fastest way to communicate & get instant up to date info on class changes etc.

It's also the cheapest & best form of advertising, we had more new students via FB last year than any other advertising, and this was mainly due to new students being able to get real recommendations from you the student & parent.

So all we ask is that if you see an advert on any selling or parent discussion sites etc, you leave an honest review for us.

If you're not on it yet just like our site, also feel free to rate it and leave a review.

Annabel Murcotts schools of Taekwondo

WEBSITE LINKS , AND INFORMATION

Please visit our website
And checkout up-to-date info

www.annabelmurcott.com

<http://www.annabelmurcott.com/timetable--prices.html>



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