



March Newsletter 2019

**December Grading – English Comp – Red Belts Training Session
Class Changes – Winter Ware – Name on your Kit –**

March Class time changes

Fri 15th March Westfield School 6-7pm only all grades.
Fri 22nd March Westfield School 6-7pm only all grades.

Please make up any lost time at a venue of your choice if this class is not convenient

English Competition

Sun 24th March Worcester Arena

Closing Date for entries Tue 12th March

Please see your Instructor for an entry form

Patterns – sparring – Team events

Something for everyone

Great venue for spectators

Colour Belt Grading

Sunday 10th March

Deeping Leisure Centre PE6 8NF

Welland Room

All times are approximate as they may run over
Grading Fee £30 & Licence books now due in

9.00am Starr Grades, Red Belts, Red stripes, Blue Belts.

Blue Stripes, Green Belts, Green Stripes, Arrive 10.30am

Yellow Belts, Yellow Stripes, White Belts, Arrive 11.30am

All times refer to the Belt YOU ARE not the one you are going for, they should be finished when the next group go in, there is a canteen upstairs if you wish to wait.

White or Tiger Doboks only please

All Results given out the following week in your normal class

RED BELT & BLACK BELT TRAINING SESSIONS

All Red Belts, Black Stripes & Black Belts Grading or not, must attend one of the pre Black Belt training sessions. Black Belts that are Grading in April must attend all three. These sessions are in Syston nr Leicester & on the following dates 9th March – 30th March (Mock Grading) & 6th April (Miss Murcott will be taking this session. Please see Annabel for times & info or Download our 'TEAMUP CALENDAR APP'. If you can't make one or any of these dates, then an alternative may be available. If you can't attend it will put your grading back by six months.

Name on all your equipment

Please make sure your equipment has your name on every individual item. No name no proof it's yours.
It causes many problems when the juniors lose an item and safety kit is all the same colour.

LICENCE AND EQUIPMENT ORDERS

Please remember every time you re-new a License a new form must be filled out, please do not just pay the fee into the bank as it can't be processed.

Could we please remind you that all orders must be paid for in advance. Suits, books safety kit etc.

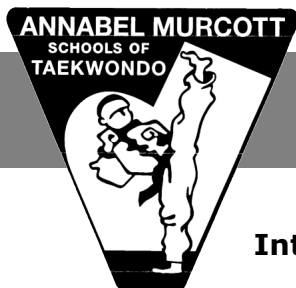
Winter training wear

No T-shirts, Doboks only please, also juniors bring a coat to go home in.

Club T shirts may be worn at sparring stamina classes



Bourne - Market Deeping - Werrington - Thurlby - Stanground - Yaxley - Hampton - Billingborough
Annabel Murcott 7th Dan - Tel: 01780 410609 | Mob: 07714 323 995 | Email: belltagb@aol.com | Web: www.annabelmurcott.co.uk
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More...

Inter-Club Comp – Fun Day – New Club Dobok – Hampton time change

Inter-Club Competition Sat 27th April 10am – 1ish

Deeping Leisure Centre Main Hall

Doors open at 9.30am comp starts 10am prompt

Open to all Grades & Ages from all our Clubs

Categories for every student to enter so no excuses

Patterns – Sparring – Team Events – Destruction (over 18s only)

Canteen for light refreshments

All Students must attend at least two competitions before they can take their Black Belts, so these competitions are put on for you, so you don't have to travel & may compete locally to see if you enjoy the competitive side of Tae Kwon Do. You do not have to sparr, you can compete in patterns only if you wish, or just a team event. See your Instructors now for an entry form. All 13 years and under must be accompanied by an adult.

£8 per event - 3 person team £12 (teams pay on the day)

All fees less trophy cost collected for team events go to

Jeannine Helliwell charity Stamford & Peterborough IBD fund

Spectators £4 in advance £6 on the door.

This event needs your support to help up and coming new world champions

Black Belts without your help and support it can't go ahead.

Strict Closing Date for entries Thu 18th April

Easter Fun Day Wed 15th April

Team Games & Different Sports

Easter Egg hunt & Mini Disco to finish

A great way to make new friends

Bring a packed lunch & Drink

10am – 4pm

Open to all junior students & siblings

Bourne Westfield School, PE109QS

£15 per child payable when booking no refunds

Limited spaces so first come basis

THIS ALWAYS SELLS OUT FAST

Please give your application form to Annabel along with the cash in an envelope, Do not just pay into our bank, as we have had this in the past and parents assume this secures a place, it doesn't, as we may be over booked.

Hampton Class on Mondays

Time Change

As from the 1st April

We will return to the 6-7pm Class All Grades

NOT 6-7.30.

NEW CLUB DOBOK

NOW AVAILABLE

PLEASE ASK FOR DETAILS

This Dobok (Suit) is for training and some competitions only

You can't Grade or enter Major comps in Club Doboks



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