



June Newsletter 2019

**Competitions Results – Colored Belt Grading
Lincolnshire Competition – June Class changes**

Colour Belt Grading Sunday June 16th Deeping Leisure Centre Welland Room

Times will be released once we have definite numbers, all fees and license books due in by **Sat 8th June** (£30)
All Green Belts and above must have a full set of TAGB safety equipment. Grading Doboks only please
NO T-Shirts. If you're not sure if it's your time then please ask Annabel asap.

Outstanding Results in Croatia & Cardiff

A very proud moment for the Clubs & Instructors, as 6 Students bought back a staggering 16 medals including Best Cadet fighter Lily Robertson. We would also like to say a huge thank you to officials and parents that supported this event and worked very hard as well. They came home on the Wednesday and done it all over again in Cardiff on the Sunday.

Results:

Croatia European Champs

Lily Robertson; Best Cadet Fighter – Gold Sparring Points – Gold Sparring Continuous, Silver Patterns
Matthew Kelly; Silver Point stop, Adult and Exec, also Silver in Continuous Adult and Exec. Bronze Patterns.
Henry Kelly; Bronze Patterns
Kieran Fowler; Gold Destruction – Silver point stop and Silver Continuous sparring
Ambrose O Neil; Gold Patterns
Archie Pattinson ; Silver in Point stop sparring and Silver in Patterns.

Cardiff Welsh Champs

Kieran Fowler : Gold Sparring
Nikki Frances ; Bronze Sparring and Bronze team Sparring.
Michaela Frances ; Bronze Team Sparring.
Adele Doboroski – Gold Sparring
Lewis Doboroski – Silver Sparring & Bronze Team Sparring.
Louis Doboroski – Bronze Sparring

June / July

Changed Classes Due to Holidays

Tuesday 4th June Bourne 6-7pm only all Grades Westfield
Thursday 20th June Deeping 6.30-7.30 only
Friday 21st June Bourne 6-7pm only
Mon 24th June No Tkd Deeping & Hampton
Wed 26th June (No 7-8pm Thurlby)
Wed 26th June No TKD Werrington
Thursday 27th June Deeping 6.30-7.30 only
Friday 28th June Bourne 6-7pm only
Sat 29th June No Tkd
Tue 2nd July No Tkd
Wed 3rd July No 7-8 Black Belt session Thurlby
Thu 4th July No Tkd Deeping & Hampton
Friday 5th July Bourne 6-7pm only
Thursday 11th July Deeping 6.30-7.30 only

Please make up any lost session at a club of your choice. Also check if cancelled at one venue it may still be on at another.

Lincolnshire Championships

Sat 15th June

Mears Leisure Centre Grantham

This is our 1st time Invited to this comp

**So your support is greatly appreciated both
competitors and officials**

**Please ask Annabel or your Instructors for info
pack and application form**

Strict Closing date Friday 31st May



Bourne - Market Deeping - Werrington - Thurlby - Stanground - Yaxley - Hampton - Billingborough
Annabel Murcott 7th Dan - Tel: 01780 410609 | Mob: 07714 323 995 | Email: belltagb@aol.com | Web: www.annabelmurcott.co.uk
Facebook: Annabel-Murcott-Schools-of-Tae-Kwon-Do | Welfare Officer - Dale Pollard 4th Dan | Tel: 07921 264 909



More...

**Black Belt training sessions - Welsh Comp
Next Grading - Fun Run - Face Book - Web Link**

Red Belts, Black Stripes & Black Belts

All Red Belts, Black Stripes & Black Belts Must Attend at least one of the pre Black Belt training sessions prior to our Black Belt Gradings in April & October, this is a T.A.G.B. requirement to allow you to grade on time. If you are not sure please ask your instructor.

Welsh Championships

Sunday 19th May

**Competitors we need your entries in
THIS WEEK**

**So we can process them before we
go off to the Euro Champs in Croatia
on Wed 8TH MAY**

Little Bytham 5K FUN RUN

Sunday 26th May

This was excellent last year and we had quite a few from the club enter and support it, considering it was last minute. So come along run or walk, it would be great to see you there. Annabel will be doing the pre run warm up & then catching you up & running around with Bobby as well. (Our crazy spaniel).

A **£50 voucher** is on offer if you are the very first runner over the line wearing our club T shirt.

A **£15 voucher** to the first student over the line wearing a club T shirt (Ts & Cs apply ask for details).

Leaflets with entry details are with your Instructors please ask for one. Sign up and info visit.

WWW.LB5K.ORG

Refreshments also available at the start/finish line.

**Next Coloured Belt Grading is
on Sunday the 16th June
Deeping Leisure Centre**

Face Book

Like it or hate it, it's becoming the easiest & fastest way to communicate & get instant up to date info on class changes etc.

It's also the cheapest & best form of advertising, we had more new students via FB last year than any other advertising, and this was mainly due to new students being able to get real recommendations from you the student & parent. So all we ask is that if you see an advert on any selling or parent discussion sites etc, you leave an honest review for us.

If you're not on it yet just like our site, also feel free to rate it and leave a review.

Annabel Murcotts schools of Taekwondo

WEBSITE LINKS , AND INFORMATION

**Please visit our website
And checkout up-to-date info**

www.annabelmurcott.com

[http://www.annabelmurcott.com/timetabl
e--prices.html](http://www.annabelmurcott.com/timetabl
e--prices.html)



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