



February Newsletter 2019

March/April Grading – Child Safety Class Changes – Winter Wear – Blackbelt sessions – Comps

March / April Grading

Colour Belt Grading is on **Sunday March 10th** Deeping Leisure Centre, so if you are a yellow stripe or above you will need a terminology book, this has all the words in you will need to know for each and every grading.

Black Stripes wishing to grade in April for Black Belt, let us know now so we can make sure you know everything you need to know. Anyone wishing to take a **Star Grading** in March also please let us know now.

All times will be out nearer the date.

Child Safety

Parents last year we had several incidents where children had been told to meet you outside or in the car park & some parents have been over 15 minutes late, these are primary school age children, so not teenagers, and luckily either ourselves or adult students have spotted the situation and stayed with them. We do appreciate as parents you have other siblings to taxi around etc, however if you are late picking your child up, the knock on effect can cause us a great deal of problems, as we also have a tight schedule to get to the next class.

So could we please remind you to make sure your child is aware NOT to go outside the hall until you are there to pick them up. Please do not drop off your child in the car park & let them go in on their own, sometimes Instructors get delayed between classes & are not in the hall. If you are late please call Annabel or Dale their numbers are on the bottom. Yes we have your number however many times it's a home number and you may be on the way with a mobile Number we haven't got.

Entering the halls

Please **DO NOT enter the halls** until the Instructor or senior adult Black Belt arrives, no one is insured to be in the hall until the Instructor is there.

February Cancelled or Changed Classes

Friday the 15th Feb NO TRAINING Please make up any lost time.

As of Monday the 4th Feb Hampton back to 6pm-7.30pm

As of Tue 5th Feb New Tiger Class 5.15-6pm Bourne

Up Coming Competitions and Events

English 24th March Worcester - closing date Tue 5th March

Blackbelt training sessions – See Below

Croatia European Championships 10th-12th May

Welsh Championships 19th May

More to follow

RED BELT & BLACK BELT TRAINING SESSIONS

All Red Belts, Black Stripes & Black Belts Grading or not, **must** attend one of the pre Black Belt training sessions. Black Belts that are Grading in April must attend all three. These sessions are in Syston nr Leicester & on the following dates 9th March – 30th March (Mock Grading) & 6th April (Miss Murcott will be taking this session. Please see Annabel for times & info or Download our 'TEAMUP CALENDAR APP' below. If you can't make one or any of these dates, then an alternative may be available. If you can't attend it will put your grading back by six months.

Winter training wear Please

**No T-shirts, Doboks only please, also juniors bring a coat to go home in.
Club T shirts & TAGB T shirts, may be worn at sparring stamina classes**



Bourne - Market Deeping - Werrington - Thurlby - Stanground - Yaxley - Hampton - Billingborough
Annabel Murcott 7th Dan - Tel: 01780 410609 | Mob: 07714 323 995 | Email: belltagb@aol.com | Web: www.annabelmurcott.co.uk
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More...

**Inter-Club Comp – Free Calendar App
New Club Dobok**

Inter-Club Competition Sat 27th April 10am – 1ish

Deeping Leisure Centre Main Hall

Doors open at 9.30am comp starts 10am prompt

Open to all Grades & Ages from all our Clubs

Categories for every student to enter so no excuses

Patterns – Sparring – Team Events

Canteen Open for light refreshments

All Students must attend at least two competitions before they can take their Black Belts, so these competitions are put on for you, so you don't have to travel & may compete locally to see if you enjoy the competitive side of Tae Kwon Do. You do not have to sparr, you can compete in patterns only if you wish, or just a team event. See your Instructors now for an entry form. All 13 years and under must be accompanied by an adult.

£8 per Individual event

3 person team £12 (teams pay on the day, No trophies for team Event)

All fees collected for team events go to

Jeannine Helliwell charity

Stamford & Peterborough IBD fund

Spectators £4 in advance £6 on the door.

This event needs your support to help up and coming new world champions

Black Belts without your help and support it can't go ahead.

Strict Closing Date for entries Thu 18TH Apr

*New Calendar app for
Tablets phones etc
This has all up to date
training times, courses &
events, along with venue
details just download for
FREE. Ask for details.
[https://teamup.com/
ksxkugl fkzer89engp](https://teamup.com/ksxkugl fkzer89engp)*



Teamup Calendar

NEW CLUB DOBOK

NOW AVAILABLE PLEASE ASK FOR DETAILS

This Dobok (Suit) is for training and some area competitions only.

You can not Grade or enter Major Competitions in these Doboks.

Next order will be on Feb 8th so if you would like one £30 must be paid no later than Thu 7th Feb



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