



## December Newsletter 2019

**What a year – December Training – Xmas Equipment Orders  
Dropping Off – Next Grading – Awards Night -**

### What a year

It certainly has been another year of moving forward and growing the clubs, we have had some amazing results in competitions at home and abroad, we have seen some new talent come through, as well as some new Black Belts that we know will go on to become our future competitors as well as Instructors. Looking back on our hectic programme we realise that none of this could have been achieved if it wasn't for the team we have behind us, we do have to be away at times, but our team always jump in and look after the running of the clubs to make sure you don't miss out on training, we are so grateful and proud of all of them & could not thank them enough. So to all our Students, parents & assistant Instructors, have a fantastic Christmas & well deserved break and we hope next year is your turn to win the lottery, but if you do remember it was us that wished you luck first !! lets make next year even better.

### November - December training times

Friday 29<sup>th</sup> Nov 6-7 only Westfield School all ages & Grades

Tuesday 3<sup>rd</sup> Dec 6-7 only Westfield School all ages & Grades

Last Classes Thursday 19<sup>th</sup> December

**We will run a special class on Saturday the 28<sup>th</sup> December**

**Burn off the cobwebs & turkey.**

**Fitness patterns & sparring something for every student.**

**All Grades & ages 10am-11.30am Welland room Deeping Leisure centre**

**Limited spaces so ticket only £5pp £12 family (NO TICKETS ON THE DAY)**

**We start back on Monday the 6<sup>th</sup> Jan 2020**

**TICKETS ON SALE NOW ASK YOUR INSTRUCTOR**

### COLOUR BELT GRADING SUNDAY 15<sup>th</sup> DEC

**Deeping Leisure Centre, Park Rd, PE6 8NF.**

**Grading times will be given out shortly**

**All Grading fees £30 Due by Sat 7<sup>th</sup> Dec, if paying directly into the bank please put students name as reference. All students have been told the terminology they need to learn and will be asked the meaning of their pattern the No of moves in it as well as the colour of the belt or stripe they are going for and we always refer to the Belt they are.**

### Dropping off & picking up your Children

Parents could we please remind you to make sure your child is aware NOT to go outside the hall until you are there to pick them up. Also please do not drop off your child in the car park & let them go in on there own, sometimes Instructors get delayed between classes & are not in the hall.

We do our best to ensure your child's welfare, however we still have children told to go to the car park or walk home. Once your child leaves the building we have no way of knowing if you are there waiting, or what happens to them on the way home.

### Xmas Disco & Awards Night

Our annual Awards night & Xmas party is on Sat 21<sup>st</sup> Dec Masonic Hall Bourne. Bring your own food there is a licenced Bar. Family ticket £20 single £8 (under 14 must be accompanied) Tickets now on sale. Xmas Jumpers are a must. It's a fun packed night with games for the kids and dancing for the whole family, we also have a raffle with loads of prizes. These Awards go to any student from white Belt to Black Belt & could be you. Space is limited & not many tickets left.

**CLOSING DATE FOR XMAS ORDERS Sat 14<sup>th</sup> December**



**Bourne - Market Deeping - Werrington - Thurlby - Stanground - Yaxley - Hampton - Billingborough - Crowland - Stamford**

**Annabel Murcott 7<sup>th</sup> Dan - Tel: 01780 410609 | Mob: 07714 323 995 | Email: belltagb@aol.com | Web: www.annabelmurcott.co.uk**

**Facebook: Annabel-Murcott-Schools-of-Tae-Kwon-Do | Welfare Officer - Dale Pollard 4<sup>th</sup> Dan | Tel: 07921 264 909**



**More...**

### **Price Increase – Stamford Class Twice a week & Safety kit**

#### **Price Increase as from January the 1<sup>st</sup> 2020**

As of the 1<sup>st</sup> Jan 2020 we will be making a small subs price increase as from Jan the 1<sup>st</sup> all subs will increase by £1.00 per student, per month, you will still only pay for two in a family.

This is the first increase in over two years as we have absorbed all the hall fees increasing to stay competitive. Please help us to help you and make the changes with your bank before Xmas, as late correct fees will carry an admin charge, the last time we had an increase it took some people over six months to amend their standing orders. Could you also please check that the reference is the students name, as sometimes it can be different to the account name, this can result in us sending out late fees notices, also to make sure the payment is sent in the first 2 weeks of the month. NO increase to Grading or License fee at present.

#### **Standing order Prices for 2020**

Jnrs x1 per week £23 x 2 per week £33

Adlt x1 per week £26 x 2 per week £36

Cash add £3.00. Chq Add £4.50 no nightly rate.

Family discount only pay for two in a family

License fee £38.00 Grading fee £30.00

Any missed sessions can be made up at another class or night. Late fees will apply.

#### **NEW STAMFORD CLASS AND TIMES**

As always we do our best to make sure that all students get the best of our attention and time, So from time to time we may have to change times and venues to allow clubs to grow. So as from Friday 6<sup>th</sup> December our Stamford class we will be at St Gilberts School on Foundry Rd Stamford, PE9 2PP, 6-7pm.

We have had a good response & a warm welcome from the school & when the club grows there is scope to move to two hours & possibly two nights per week, so looking good for the future of the club. Any students that would like to come along and help out and support, that would be great. Two Dates before Xmas 6<sup>th</sup> & 13<sup>th</sup> Dec **FREE TO NEW STUDENTS, FAMILY & FRIENDS.**

#### **When should I be training twice a week?**

##### **When do I need safety gear?**

It is a T.A.G.B. requirement that all Green Belts & above should train twice a week. *However* we understand that everyone has other commitments & can find twice a week hard. So we are happy for you to train once a week, although it will take longer between grades & especially for juniors, they will find it hard if their friends are progressing faster if they are training twice a week. From Blue Belt up, training does step up, the terminology gets harder as well as their floor work, we do therefore find that's the time they will say they are either bored or want to try something else. If TKD was easy, then all their friends would be here. If you are finding the terminology hard we will help them in class, but you have to tell us. **SAFETY KIT** you should all have this from Green Belt up, yes you can purchase it from us, however if you chose to get it from another source, then please make sure its T.A.G.B & Black. (Gladiator)



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Newsletter Design by Creative Remedy | Sara Hemp 3<sup>rd</sup> Dan | **Web: [www.creativeremedy.co.uk](#)**